

Programme Report

Project Name:	Shropshire Care Closer to Home		
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Vision Using all available resources to commission integrated health and care services that are clinically effective and cost-efficient and as close as possible to where people with the greatest need live.

Date of Highlight Report	15 th March 2019
Period Covered	20 th February 2019 – 20 th March 2019

Status Summary & Update

Phase 1 - Frailty Intervention Team in place at RSH with team being recruited to implement at PRH. An NHSE film detailing the work of the FIT “Roy’s Story” at RSH has been launched a link to it is on the CCG website. This team works to ensure that where possible people with complex needs (also referred to as frail) have their needs met quickly in order to either prevent a hospital admission from occurring, or to achieve a shorter admission than would otherwise be possible through coordinating discharge requirements to a higher degree than was previously achieved.

Phase 2 – Risk Stratification & Case Management - this model has two parts; the first is about our community-based workforce working closely with GP practices across Shropshire to get a clear understanding of how many people over the age of 65 have complex care needs. A crucial part of this process relates to categorising the people identified in terms of whether their need complexity is low, moderate, or severe, a process known as “Risk Stratification”.

Once Risk Stratification is complete, those identified as severe are given the opportunity to work with a designated professional also known as a “Case Manager” who in turn will be responsible for a group of patients. The professional background of a Case Manager may vary dependent on what the most pressing needs of the recipient of support are, for example in some cases a nurse would be best placed to provide support, whereas in others a social worker may be more suitable.

The Case Manager is responsible for developing and reviewing care plans with those on the caseload, and where required, coordinating services to meet their needs. Case Managers will promote recovery and identify when people under their supervision are deteriorating. This will enable them to put preventative measures to be put in place to minimise the occurrence of acute and severe ill health, also known as a “health crisis”. This development of care plans and their delivery represents the second part of the Case Management model.

The Risk Stratification and Case Management model approved by the CCG Clinical Commissioning Committee on 15th August 2018. A number of GP practices expressed an interest in participating in the Case Management pilots and these are agreed as follows:

- Albrighton Medical Practice – 65+ patient list size = 2,629
- Belvidere Medical Practice – 65+ patient list size = 1,192
- Plas Ffynnon Medical Practice – 65+ patient list size = 2,189
- Wem & Prees Medical Practice – 65+ patient list size = 2,685
- Bridgnorth Medical Practice – 65+ patient list size = 4,585
- Bishops Castle Medical Practice – 65+ patient list size = 1,604
- The Meadows Medical Practice – 65+ patient list size = 1,034
- Pontesbury Medical Practice – 65+ patient list size = 2,011

It was agreed that the Pilot Implementation Group would undertake a year-on-year comparison of the same period and practices against themselves to capture benefits to patients and citizens.

Due to delays on an IT solution being available the Pilot Implementation Group agreed a manual workaround at the meeting on 5th February in order to continue pace and prevent any delays to implementing these pilots.

An IT sub-group has been established and this group will continue work on the Shared Care Plan. Work continues to finalise the risk stratification policy, Privacy Impact Assessment, risk stratification assurance statement and a Fair Process Notice, all of which need to be in place and available to the public before data sharing agreements can be completed for the pilot sites identified.

Phase 3 – The third phase is made up of three high-level models; the first is called “Hospital at Home”. The aim of Hospital at Home is to provide diagnostic testing and treatment interventions traditionally associated with care in a hospital setting, in peoples own homes, or from places close-by.

Just as is the case in the local general hospital, this model would be delivered by a multi-disciplinary team made up of a range of health professionals including: GPs; Specialist Consultants; Social workers; Community Nurses; District Nurses; Advanced Nurse Practitioners; Mental Health Nurses; Pharmacists, Physio Therapists, Occupational Therapists and Dieticians to name but a few. However, Hospital at Home is not a rapid-response (second model of care delivery), it functions in a planned fashion working alongside the Case Management model to prevent health crisis from happening.

The third model of the third phase of Shropshire Care Closer to Home is about creating a Health Crisis Response Team. This would be set up to deliver both diagnostic testing and treatment interventions similar to those available from in the Hospital at Home model, but within a standardised 2 hour response window. This team would be made up of senior clinical staff, for example Advanced Nurse Practitioners who are capable of making clinical decisions and in most cases prescribing and administering medicines to manage acute health needs. However, if the Health Crisis Response Team should feel that the person is too unwell to be safely managed at home, there are two options which they can consider; they could admit the person to a "Step-up bed", or to the general hospital.

Draft Phase 3 model possibilities and service specifications for Phase 3 services Hospital at Home, Rapid Response, Crisis and DAART have been circulated and the Programme Team have consolidated the responses. The model options and service specifications have been shared more widely at GP Locality Meetings in February and March and a provider and patient representative stakeholder workshop is taking place next week to gather further feedback and comment. Consolidation and finessing of the modelling based on the outputs from these engagement events will follow in April 2019. The option appraisal process on the proposed models will commence in May 2019.

Scope

Draft service specifications to underpin the Phase 2 services have been written and feedback has been consolidated and analysed.

Clarity on which aspects of Phase 3 require formal consultation will be ascertained as the models emerge from the design process, and the level of involvement & engagement at earlier stages in the design process.

The design of Phase 3 models of care is well underway with the timeline for being able to propose models for approval by May 2019.

Planning to commence on Step Up Community Beds once in receipt of the full written JSNA. The full engagement and option appraisal process will follow from May 2019 for the areas and models where it is necessary.

Timings

The actual against planned timings of the 3 agreed phases are as follows:

- *Phase 1* – in place with ongoing evaluation and plans to expand to PRH.
- *Phase 2* – Pilot Implementation Group shaping the more detailed operational service delivery and workforce models at identified pilot sites. Service specs reviewed and passed to Pilot Implementation Group; further amendments to the specs may result as the pilots get underway. The original plan was for the pilots to be mobilised by March 2019 however, with the IT and data requirements needed to enable risk stratification and a shared care plan not being in place, work is underway to develop and agree a manual workaround solution that will still deliver pilot demonstrator sites but to a slightly delayed timeline. The refreshed timeline for the implementation of pilot sites will come out of the work of the Pilot Implementation Group now that detailed planning has commenced but it is envisaged by 1st June 2019.
- *Phase 3* – The Programme Team have received feedback and critique on the draft models and service specs following presentations at GP Locality meetings; a stakeholder workshop is also taking place in March 2019. Working towards having a tangible longlist of model options for CCC consideration by May 2019 as part of the option appraisal process.

Collaborative Working

A Memorandum of Understanding with providers (the CCG, Shropshire Community Trust and Shropshire Council) to enable operationalization of the model has been signed and work is now underway to include Midlands Partnership.

Alignment with Telford CCG

- * Shared approach of case management using a predictive data tool (Aristotle) supplemented by Primary care data
- * Shared approach of integrated teams to deliver admission avoidance, in reach and facilitated early discharge
- * Shared ambition that the acuity of care available in community setting increases
- * Shared approach of promoting self-care and integration with community resources
- * Shropshire has community hospitals and beds in independent sector, Telford just has independent sector beds
- * Working towards aligning governance structures for wider system change

What Matters to Me National Event

The Programme Team facilitated a What Matters to Me event at the Darwin Shopping Centre in Shrewsbury on 25th February which was well attended and the views and thoughts of 13 people were gathered and added to the engagement log.